## January-March2020 San Francisco Free Eats Chart

Page 1. See other side for more eats!

Kitchens	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
1. All Saints' Episcopal Church 1350 WALLER (nr Masonic) 415-621-1862							<i>Brunch</i> 10:30- 11:30am	Vegetarian option, sometimes Vegan!. Meat; potatoes or pasta or rice; fresh vegetables, salad, fruit salad, pastry, coffee & bread.
2. Church Without Walls Stanyan St (at Haight)							Dinner 6pm 'til food runs out	<b>Usually a Vegetarian option.</b> Pizza, hot chocolate.
*3. <b>Cityteam SF</b> 164 - 6 <sup>TH</sup> ST. (btw. Mission & Howard) 415-861-8688		<i>Café</i> 10-11am <i>Dinner</i> : 6-7pm	<i>Café</i> 10-11am <i>Dinner</i> : 6-7pm	<i>Café</i> 10-11am <i>Dinner</i> : 6-7pm	<i>Café</i> 10-11am <i>Dinner</i> : 6-7pm	<i>Café</i> 10-11am <i>Dinner</i> : 6-7pm		Café: coffee & toast. Dinner: A hot meal.
4. Curry Senior Center 333 TURK (btw. Hyde & Leavenworth) 415-292-1086 (8:30am-1:30pm)	<i>Breakfast</i> 8:30- 9:30am <i>Luncb</i> 10:30am- 12:30pm	<i>Breakfast</i> 8:30- 9:30am <i>Luncb</i> 10:30am- 12:30pm	<i>Breakfast</i> 8:30- 9:30am <i>Lunch</i> 10:30am- 12:30pm	<i>Breakfast</i> 8:30- 9:30am <i>Luncb</i> 10:30am- 12:30pm	Breakfast 8:30- 9:30am Lunch 10:30am- 12:30pm	<i>Breakfast</i> 8:30- 9:30am <i>Luncb</i> 10:30am- 12:30pm	<i>Breakfast</i> 8:30- 9:30am <i>Luncb</i> 10:30am- 12:30pm	Age 60 & over with ID. \$2 sug- gested donation; no one turned away. First come first serve.
5. Curry Without Worry Hyde & Fulton (by statue of Bolívar on horse)			<i>Dinner</i> 5-6:30pm or 'til food runs out					Vegan! Curried vegetables, 9-bean soup, puris, rice, & chutney.
*6. Food Not Bombs 16TH & MISSION (SW BART Plaza) www.sffnb.org				Dinner 6:30pm 'til food runs out				Vegan! Soup, bread (may have animal products), salad. You may bring your own bowl.
7. Fraternité Notre Dame 54 Turk St. (btw Market/Jones; MARKET ST (btw 7th/8th) 415-793-5686			<i>Lunch</i> TURK ST. 11:30am-1:30pm <i>Dinner</i> MARKET 3:30-5pm	<i>Lunch</i> TURK ST. 11:30am-1:30pm				A hot meal. Rice, meat, vegetable, salad (when available), dessert. Meals may be late.
*8. Glide Memorial Church 330 Ellis (at Taylor)	Breakfast: Every day 8am until tickets run out; Age 60+: 7:30am. Lunch: Every day 12noon until tickets run out, except holidays. Bag meal given out after lunch Sat & Sun; & after breakfast on holidays.							Closed Jan 1. Jan 20, Feb 17, Mar 31: no lunch
415-674-6043 (M-F 8am-4:30pm)		Dir		or dinner; bag lunch to go given out after breakfast.				
9. Homeless Church Embarcadero (at Brannan) 16th st. & Mission (NE BART Plaza) 415-722-9517	Brunch EMBARC 11 am-noon Lunch 16TH ST 4:30-5:30pm DinnerEMBARC 6:30-7:30pm							Brunch: Coffee, donuts, pancakes & sausage. Lunch: chicken & rice. Dinner: pizza. Optional community prayer service starts 1 hour before mealtime.
*10. Martin de Porres House of Hospitality								Usually a Vegetarian or Vegan! alternative. <i>Breakfast:</i> oatmeal &
225 POTRERO (nr 16th St.) 415-552-0240	Brunch 9-10:30am	Breakfast 6:30-7:30am	Breakfast 6:30-7:30am Lunch 12-2pm	Lunch 12-2pm	Breakfast 6:30-7:30am Lunch 12-2pm	Breakfast 6:30-7:30am Lunch 12-2pm	Lunch 12-2pm	herb tea. Brunch: a hearty meal. Lunch: a hearty soup & salad.
11. North Peninsula Food Pantry & Dining Center of Daly City 31 BEPLER (by Mission) 650-994-5150		Dinner 5-5:30pm	Dinner 5-5:30pm		Dinner 5-5:30pm			A full-course meal. 5-5:30pm or until food runs out. Closed Dec 23-Jan 5, Jan 21, Feb 18.

\* indicates important changes since October-December 2019.

Please call 415-648-3222, or email free@freeprintshop.org with your corrections, comments, or additions for our next update, or to volunteer. Up-to-the-minute charts available at http://freeprintshop.org

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Kitchens	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
12. <b>Project Open Hand.</b> 730 POLK (at Ellis) 415-447-2480 (8:30am-1:30pm)		<i>Lunch</i> 10:30am- 12:30pm	<i>Lunch</i> 10:30am- 12:30pm	<i>Lunch</i> 10:30am- 12:30pm	<i>Lunch</i> 10:30am- 12:30pm	<i>Lunch</i> 10:30am- 12:30pm		Age 59 & under with ID. \$2 suggested donation; no one turned away. First come first serve.
13. St. Anthony's Dining Room121 GOLDEN GATE (btw Leavenworth & Jones)415-241-2690	<i>Lunch</i> 11:30am -1:35pm	<i>Lunch</i> 11:30am -1:35pm	<i>Lunch</i> 11:30am -1:35pm	<i>Lunch</i> 11:30am -1:35pm	<i>Lunch</i> 11:30am -1:35pm	<i>Lunch</i> 11:30am -1:35pm	<i>Lunch</i> 11:30am -1:35pm	Full-course meal. Folks with kids, or age 59+, or unable to carry a tray: 10-11:45am.
14. <b>S. F. Rescue Mission</b> 140 TURK (btw. Taylor/Jones) 415-441-1628		Mon-Fri <i>Breakfast</i> 10:30am (coffee & pastry); doors close 10:45. Mon-Fri <i>Dinner:</i> 4pm, doors close 4:10pm.						Mandatory prayer service. Meals sometimes cancelled.
15. <b>Third Baptist Church</b> 1399 McAllister (near Pierce)					<i>Lunch</i> 12:30- 1:30pm			Meat, bread, vegetables, salad, punch & dessert.
16. United Council of Human Services 2111 JENNINGS (at Van Dyke) 415-671-1100 (M-F 9am-5pm)	Breakfast 7-9am Dinner 4-6pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 4-6pm	Hot breakfast. Hot dinner. 🛓

Meals served once/twice a month	Tuesday	Thursday	Saturday	Sunday	Notes
1. Annunciation Greek Orthodox Cathedral 245 VALENCIA (at 14th) communitykitchensf@gmail.com	Dinner 6:30-8:30pm: Jan 21, Feb 18, Mar 17				Full course meal served the 3rd Tuesday of the month. 6:30-8:30pm or until food runs out.
2. Macedonia Missionary Baptist Church 2135 SUTTER ST. (near Steiner) 415-346-1154			<i>Lunch:</i> 11:30am-1pm Jan 25, Feb 22, Mar 21		Full course meal served the Saturday before the 4th Sunday of each month. There's a short blessing before the meal.
3. Old First Presbyterian Church 1751 SACRAMENTO (at Van Ness) 415-776-5552			Dinner 5:30-6:30pm Jan 25, Feb 22, Mar 28.		Meal consisting of salad, main course & dessert served on the 4th Saturday of each month. <u>E</u>
4. Philadelphian 7th-Day Adventist Church 2520 BUSH (at Divisadero) 415-567-0263				<i>Lunch</i> 10am-noon Jan 12, 26; Feb 9, 23; Mar 8, 22.	Vegetarian. A full course meal served the 2nd &4th Sundays of the month: entrée, fruit, cereal, juice, bread, milk.
5. <b>VolxKuche</b> 110 JULIAN ST (at 15th St.) info@vokusf.org		<i>Dinner:</i> 6-9pm Jan 9, 23; Feb 13, 27; Mar 12, 26.			Vegetarian. Vegan! option. A full course meal the 2nd & 4th Thursday of the month. 2nd Thu: standup comedy; 4th Thu: variety acts. Volunteer 4-10pm. www.vokusf.org

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